

SHAC Minutes

March 7, 2022

In attendance:

Colleen Goundry, Amy Meuth, Teeya Thornton, Cesar Morales, Pam McDonald

Meeting was called to order by Colleen Goundry

Review of Minutes:

Minutes from 1/31/2022 meeting were approved—Teeya Thornton made the motion and Colleen Goundry seconded.

HB 1525:

SHAC will make a recommendation at the next school board meeting that the district approve the Human Sexuality curriculum that the district has been using, Just Say Yes. Board chair, Dr. Tony Garbs, will be asked to present recommendation and Colleen and Teeya will be in attendance to speak to the recommendation if necessary.

The programs are scheduled to be presented to 6th and 7th graders at both middle schools on May 20, 2022. Sixth graders will have the “Freedom to Succeed” program and 7th graders will have the “Aim For Success” program (both under the “Just Say Yes” curriculum. There will be a parent meeting on the programs on the evening of May 19 for any parent that is interested in the information that will be presented to the students.

The committee is concerned about HB 1525 which requires parents to opt into the program as opposed to opting out as had been the protocol in previous years. Concerns were raised about getting the “opt in” message out to parents and parents getting responses back to the schools. It was suggested that technology be used to send out emails, Skyward Blasts, and/or Remind messages.

Health Fair:

The Health Fair will be held on April 30, 2022 form 10am-2pm. It will be held in conjunction with the City of Mont Belvieu Parks and Recreation Department. Teeya has been in contact with Kayley Waldrip within the P&R Department regarding the planning process.

Some themes that were discussed were:

- Bike safety
- Car seat safety
- Sun safety
- ATV safety
- Hydration
- Insect bits
- Snake identification/bites

Local businesses and organizations were discussed as possible participants.

Teeya will talk with Ms. Waldrip to see if she has approached any of the businesses/organizations re: participation and will contact SHAC members to let them know if SHAC needs to contact them.

A bucket containing summer items was discussed as a give-away prize and members thought it was a good idea.

A sub-committee for the Health Fair was formed. Members are: Colleen Goundry, Teeya Thornton, Cesar Morales, and Teeya Thornton. This subcommittee will meet on Monday, April 4 at 5 pm in the LSC (room TBD)

Employee Wellness:

Employee Wellness ventures were discussed in the last meeting.

The Fit Fusion exercise program will meet through the month of April.

Yoga will have its last session on Thursday, March 10.

Mobile mammograms will be available in April again as there was such a great response to the offering the last time that they were here.

Colleen is looking into scheduling a company that provides low cost ultrasounds next year. This was offered in past years and was very popular with employees.

There were no questions or discussions.

Meeting was adjourned:

Meeting was adjourned at 7:25 pm

Upcoming dates:

April 4-Health Fair subcommittee meeting-5:00 pm in LSC (Room TBD)

April 11-Assessment subcommittee meeting 5:00 pm in SGI room at LSC

April 30-Health Fair 10am-2 pm

May 9-Next SHAC meeting 6:00 pm in LGI room at LSC