



OFFICE OF INJURED EMPLOYEE COUNSEL

NORMAN DARWIN, PUBLIC COUNSEL

Notice of Injured Employee Rights and Responsibilities in the Texas Workers' Compensation System

As an injured employee in Texas, you have the right to free assistance from the Office of Injured Employee Counsel (OIEC). This assistance is offered at local offices across the State. These local offices also provide other workers' compensation system services from the Texas Department of Insurance (TDI). TDI is the State agency that administers and regulates the workers' compensation system through the Division of Workers' Compensation (DWC).

Many services provided by OIEC and DWC can be completed over the telephone. You can contact OIEC by calling the toll-free telephone number 1-866-EZE-OIEC (1-866-393-6432). Additional information, including office locations, is available on the Internet at: www.oiec.texas.gov. You can contact DWC by calling the toll-free telephone number 1-800-252-7031. Information about DWC is available on the Internet at: www.tdi.texas.gov.

Your Rights in the Texas Workers' Compensation System:

1. You have the right to hire an attorney to help you with your workers' compensation claim.

For assistance locating an attorney, contact the State Bar of Texas' lawyer referral service at 1-877-983-9227 or <http://www.texasbar.com/>. Attorney referral information can also be found on OIEC's website at www.oiec.texas.gov.

2. You have the right to receive assistance from OIEC if you do not have an attorney.

OIEC Customer Service Representatives and Ombudsmen are available to answer your questions and provide assistance with your workers' compensation claim by calling OIEC or visiting an OIEC office. **You must sign a written authorization before an OIEC employee can access information on your claim.** Call or visit an OIEC office to fill out the written authorization. Customer Service Representatives and Ombudsmen are trained in the field of workers' compensation and can help you with scheduling a dispute resolution proceeding about your workers' compensation claim. An Ombudsman can also assist you at a benefit review conference (BRC), contested case hearing (CCH), and an appeal. However, Ombudsmen cannot make decisions for you or give legal advice.

3. You may have the right to receive medical and income benefits regardless of who was at fault for your injury, with certain exceptions. Your beneficiaries may be entitled to death and burial benefits.

Information about the exceptions can be found at www.tdi.texas.gov or by visiting with OIEC staff.

4. You may have the right to receive medical care to treat your workplace injury or illness for as long as it is medically necessary and related to the workplace injury.

You may have the right to reimbursement of your incurred expenses after traveling to attend a medical appointment or required medical examination if the trip meets qualifying conditions.

5. You may have the right to receive income benefits for your work-related injury.

There are several types of income benefits and eligibility requirements. Information on the types of income benefits that may be available and the eligibility requirements can be found at www.tdi.texas.gov or by visiting with OIEC staff.

6. You may have the right to dispute resolution regarding income and medical benefits.

You may request Medical Dispute Resolution if you disagree with the insurance carrier regarding medical benefits. You may request Indemnity (Income) Dispute Resolution if you disagree with the insurance carrier regarding income benefits. The law provides that your dispute proceedings will be held within 75 miles from your residence.

7. You have the right to choose a treating doctor.

If you are in a Workers' Compensation Health Care Network (network), you must choose your doctor from the network's treating doctor list. You may change your treating doctor once without network approval. If you are not in a network, you may initially choose any doctor who is willing to treat your workers' compensation injury; however, changing your treating doctor must be pre-approved by the DWC if you are not in a network. If you are employed by a political subdivision (e.g. city, county, school district,) you must follow its rules for choosing a treating doctor. It is important to follow all the rules in the workers' compensation system. **If you do not follow these rules, you may be held responsible for payment of medical bills.** OIEC staff can help you to understand these rules.

8. You have the right for your workers' compensation claim information to be kept confidential.

In most cases, the contents of your claim file cannot be obtained by others. Some parties have a right to know what is in your claim file, such as your employer or your employer's insurance carrier. Also, an employer that is considering hiring you may get limited information about your claim from DWC.

Your Responsibilities in the Texas Workers' Compensation System

1. You have the responsibility to tell your employer if you have been injured at work while performing the duties of your job. You must tell your employer within 30 days of the date you were injured or first knew your injury or illness might be work-related.

2. You have the responsibility to know if you are in a Workers' Compensation Health Care Network (network).

If you do not know whether you are in a network, ask the employer you worked for at the time of your injury. If you are in a network, you have the responsibility to follow the network rules. If there is something you do not understand, ask your employer or call OIEC. If you would like to file a complaint about a network, call TDI's Customer Help Line at 1-800-252-3439 or file a complaint online at <http://www.tdi.texas.gov/consumer/complfrm.html#wc>.

3. If you worked for a political subdivision (e.g., city, county, school district) at the time of your injury, you have the responsibility to find out how to receive medical treatment.

Your employer should be able to provide you with the information you will need in order to determine which health care providers can treat you for your workplace injury.

4. You have the responsibility to tell your doctor how you were injured and whether the injury is work-related.

5. You have the responsibility to send a completed Employee's Claim for Compensation for a Work-Related Injury or Occupational Claim Form (DWC041) to DWC.

You have one year to send the form after you were injured or first knew that your illness might be work-related. Send the completed DWC041 form even if you already are receiving benefits. You may lose your right to benefits if you do not timely send the completed claim form to DWC. For a copy of the DWC041 form you may contact DWC or OIEC.

6. You have the responsibility to provide your current address, telephone number, and employer information to DWC and the insurance carrier. DWC can be contacted at 1-800-252-7031.

7. You have the responsibility to tell DWC and the insurance carrier anytime there is a change in your employment status or wages. (Examples of changes include: you stop working because of your injury; you start working; or you are offered a job).

8. Eligible beneficiaries or persons seeking death and burial benefits have the responsibility to send a completed Beneficiary Claim for Death Benefits (DWC-042) to DWC within one year following the employee's date of death.

9. You are prohibited from making frivolous or fraudulent claims or demands.

MAKING IT EASY... TO GET WORKERS' COMPENSATION PRESCRIPTIONS FILLED.

Optum has been chosen to manage your workers' compensation pharmacy benefits for your employer or their insurer. Below is your First Fill card that will allow you to receive your injury-related prescriptions at your local pharmacy. Please fill out the card based on the instructions below.

Injured Employee:



If you need a prescription filled for a work-related injury or illness, go to an Optum Tmesys® network pharmacy. Give this temporary card to the pharmacist. The pharmacist will fill your prescription at low or no cost to you.



If your workers' compensation claim is accepted, you will receive a more permanent pharmacy card in the mail. Please use that card for other work-related injury or illness prescriptions.




Most pharmacies and all major chains are included in the network. To find a network pharmacy call 1-866-599-5426 or visit tmesys.com.

Questions? Need Help?



1-866-599-5426



WORKERS' COMPENSATION PRESCRIPTION DRUG PROGRAM

CARRIER/TPA	EMPLOYER
TASB Risk Management Fund	
INJURED WORKER NAME	
Please provide directly to Pharmacist	
SOCIAL SECURITY NUMBER	DATE OF INJURY (YYMMDD)

Notice to Cardholder: Present this card to the pharmacy to receive medication for your work-related injury. To locate a pharmacy: tmesys.com.

Attention Pharmacists: Enter RxBIN, RxPCN and GROUP. Member ID # format is the date of injury and SSN combined as follows: YYMMDD123456789.

Tmesys is the designated PBM for this patient.

Tmesys Pharmacy Help Desk 1-800-964-2531

	NDC		Envoy
RxBIN	004261	or	002538
RxPCN	CAL	or	Envoy Acct. #
GROUP			

T066

NOTE: This First Fill card is only valid for your workers' compensation injury or illness.



Employer:

Immediately upon receiving notice of injury, fill in the information above and give this form to the employee.



Provider Listing - 3/26/2021

Primary Care Providers

Within 30 miles of 77580

59 Providers Located

SETHS , West Chambers Medical Clinic
Family Medicine

9825 Eagle Dr.
Baytown, TX 77523
Phone: (281) 576-0670
Fax: (281) 576-0673

2.3 miles

Samuel Shek MD, Next Level Urgent Care- Baytown
Family Medicine

7710 Garth Road , Ste. A
Baytown, TX 77521
Phone: (281) 783-8162
Fax: (713) 439-7995

6 miles

Norman Quesada MD, TMH Physician Associates, PLLC, d.b.a. Methodist Academic Medicine Associates
Occupational Medicine

4201 Garth Rd., Ste. 119
Baytown, TX 77521
Phone: (281) 482-4101
Fax: (281) 420-0003

7.7 miles

SETHS , Bayside ER Physicians
Family Medicine

200 Hospital Dr.
Anahuac, TX 77514
Phone: (409) 267-4126
Fax: (409) 267-4120

13.9 miles

Hossein Yazdani MD, Hossein Yazdani Family Clinic of Anahuac P.A.
General Practice

105 S. Kansas Ave.
Anahuac, TX 77514
Phone: (409) 267-3118
Fax: (409) 267-3740

14.1 miles Additional Languages: Spanish

SETHS , Bayside Clinic
Family Medicine

621 Ross Sterling Ave.
Anahuac, TX 77514
Phone: (409) 267-4126
Fax: (409) 267-4120

14.3 miles

Angel Rivera-Soto MD, Wellnow Health
Internal Medicine

1009 S. Broadway St.
La Porte, TX 77561
Phone: (281) 941-4175
Fax: (281) 941-4692

15.5 miles

Dorothy Merritt MD, Wellnow Health
Internal Medicine

1009 S. Broadway St.
La Porte, TX 77561
Phone: (281) 941-4175
Fax: (281) 941-4692

15.5 miles Additional Languages: Chinese

Gary Spangler MD, Wellnow Health
Family Medicine

1009 S. Broadway St.
La Porte, TX 77561
Phone: (281) 941-4175
Fax: (281) 941-4692

15.5 miles

Jo Smith ANP, Wellnow Health
Family Nurse Practitioner

1009 S. Broadway St.
La Porte, TX 77561
Phone: (281) 941-4175
Fax: (281) 941-4692

15.5 miles

Noah Smith PA, Wellnow Health
Physician Assistant

1009 S. Broadway St.
La Porte, TX 77561
Phone: (281) 941-4175
Fax: (281) 941-4692

15.5 miles Additional Languages: Spanish

Valerie Smith DO, Wellnow Health
General Surgery

1009 S. Broadway St.
La Porte, TX 77561
Phone: (281) 941-4175
Fax: (281) 941-4692

15.5 miles

Don Callens MD, Liberty Medical Rural Health Clinic
Family Medicine

720 Travis St.
Liberty, TX 77575
Phone: (936) 336-6439
Fax: (936) 336-6517

15.8 miles

Steven Ellerbe DO, Liberty Medical Rural Health Clinic
Family Practice

720 Travis St.
Liberty, TX 77575
Phone: (936) 336-6439
Fax: (936) 336-6517

15.8 miles

Concentra Medical Center , Concentra Medical Center
Occupational Medicine, PRIMARY CARE CLINIC, Urgent Care

1309 W. Fairmont Pkwy., Ste. S
La Porte, TX 77571
Phone: (281) 470-0543
Fax: (281) 470-1542

16 miles

Concentra Medical Center , Concentra Medical Center
Occupational Medicine, PRIMARY CARE CLINIC, Urgent Care

125 E. 8th St.
Deer Park, TX 77536
Phone: (281) 930-8555
Fax: (281) 930-9870

17 miles

Nita Singhal MD, AFC Urgent Care
Family Medicine

8850 Spencer Hwy., Ste. 100
La Porte, TX 77571
Phone: (281) 946-9980

17.9 miles

Patricia Janki MD, Patricia H. Janki, M.D. P.A.
Family Medicine, Preventive Medicine

13601 Woodforest Blvd.
Houston, TX 77015
Phone: (713) 330-4325
Fax: (713) 330-1910

17.9 miles

Andrew Metz DO, Deer Park Family Clinic, P.A.
Family Medicine

2910 Center St.
Deer Park, TX 77536
Phone: (281) 479-5941
Fax: (281) 479-8459

18 miles

Donald Metz DO, Deer Park Family Clinic, P.A.
Family Practice

2910 Center St.
Deer Park, TX 77536
Phone: (281) 479-5941
Fax: (281) 479-8459

18 miles

Nova Medical Centers , Nova Medical Center - East Houston
Occupational Medicine

13469 I- 10 East
Houston, TX 77015
Phone: (713) 453-7788
Fax: (713) 453-3424

18.3 miles

MedExpress Urgent Care , MedExpress Urgent Care - Houston
Urgent Care Clinic

13550 East Fwy.
Houston, TX 77015
Phone: (713) 330-8993
Fax: (713) 330-8593

18.5 miles

Thomas Hysler MD, Global Health Consultants, PLLC
Occupational Medicine

7720 Spencer Hwy.
Pasadena, TX 77505
Phone: (281) 476-9900
Fax: (281) 479-1320

18.8 miles Additional Languages: Spanish

UCP Physicians of Central Texas , NextCare Urgent Care
Urgent Care

6825 Spencer Hwy.
Pasadena, TX 77505
Phone: (281) 741-0070
Fax: (832) 230-8469

19.4 miles

CareNow - Houston , CareNow
Urgent Care

7072 FM 1960 E., Ste. 7
Humble, TX 77346
Phone: (281) 397-5258
Fax: (281) 812-0462

19.6 miles

CareNow - Houston , CareNow
Urgent Care

5233 Fairmont Pkwy., Ste. 1
Pasadena, TX 77505
Phone: (713) 568-0240
Fax: (281) 587-0677

21.2 miles

Julian Gonzalez MD, Gonzalez Family & Occupational Medicine
Family Practice, Occupational Medicine

11040 East Freeway
Houston, TX 77029
Phone: (713) 453-8328

21.2 miles

Concentra Medical Center , Concentra Medical Center
Occupational Medicine, PRIMARY CARE CLINIC, Urgent Care

10909 I-10 East Fwy.
Houston, TX 77029
Phone: (713) 675-4777
Fax: (713) 675-4336

21.3 miles

FastMed Urgent Care , FastMed Urgent Care
Emergency Medicine, PRIMARY CARE CLINIC

3832 Atascocita Rd., Ste. C
Humble, TX 77396
Phone: (281) 812-0578
Fax: (281) 812-0852

21.4 miles

Joseph Valdez MD, Joseph G. Valdez, M.D., P.A.
Family Practice

5413 Crenshaw Rd., Ste. 200
Pasadena, TX 77505
Phone: (281) 998-3500

21.5 miles Additional Languages: Spanish

Louis Puig MD, Occupational Medical Care
Occupational Medicine

4500 E. Sam Houston Pkwy., Ste. 135
Pasadena, TX 77505
Phone: (281) 998-2323
Fax: (281) 998-2329

21.6 miles

John Kirkwood DO, Kirkwood Medical Associates
Family Medicine, MMI/IR Certified

3801 Vista Rd., Ste. 100
Pasadena, TX 77504
Phone: (281) 249-2244
Fax: (281) 249-2280

21.9 miles

Toby Kirkwood DO, Kirkwood Medical Associates
Family Medicine

3801 Vista Rd., Ste. 100
Pasadena, TX 77504
Phone: (281) 249-2244
Fax: (281) 249-2280

21.9 miles

John Kirkwood DO, RMJ Evaluations (For MMI/IR Patients Only)
Family Medicine, MMI/IR Certified

3222 Burke Rd., Ste. 108
Pasadena, TX 77504
Phone: (866) 998-0411
Fax: (866) 998-0411

21.9 miles

Concentra Medical Center , Concentra Medical Center
Occupational Medicine, PRIMARY CARE CLINIC, Urgent Care

8799 North Loop E., Ste. 110
Houston, TX 77029
Phone: (713) 674-1114
Fax: (713) 674-5169

22.8 miles

Anne Garrison DO, Calvary Medical Clinic
Family Medicine, Sports Medicine

8484 Will Clayton Pkwy.
Humble, TX 77338
Phone: (832) 263-2004
Fax: (832) 263-2004

23.6 miles

Joseph Goin MD, Calvary Urgent Care
General Practice

8484 Will Clayton Pkwy.
Humble , TX 77338
Phone: (832) 263-2004

23.6 miles Additional Languages: Spanish

UCP Physicians of Central Texas , NextCare Urgent Care
Urgent Care

1202 Nasa Pkwy.
Nassau Bay, TX 77058
Phone: (281) 335-0606
Fax: (281) 335-0208

24.4 miles

CareNow - Houston , CareNow
Urgent Care

1450 Kingwood Dr.
Kingwood, TX 77339
Phone: (832) 548-4420
Fax: (281) 312-4452

24.7 miles

Lewis Clarke MD, Bay Area Rehab Med Associates
Physical Medicine & Rehabilitation

17448 Hwy. 3, Ste. 130
Webster, TX 77598
Phone: (281) 332-1755
Fax: (281) 332-2737

25.3 miles Additional Languages: French, Spanish

Concentra Medical Center , Concentra Medical Center
Occupational Medicine, PRIMARY CARE CLINIC, Urgent Care

8505 Gulf Fwy., Ste. F
Houston, TX 77017
Phone: (713) 944-4442
Fax: (713) 944-4582

25.4 miles

Shamier Moore DO, Next Level Urgent Care-League City
Family Medicine

2560 E. League City Pkwy
League City, TX 77573
Phone: (281) 783-8162
Fax: (713) 439-7995

25.4 miles

UCP Physicians of Central Texas , NextCare Urgent Care
Urgent Care

1331 Northpark Dr.
Kingwood, TX 77339
Phone: (281) 359-5330
Fax: (281) 359-6117

25.6 miles

Joseph Goin MD, Calvary Medical Clinic
General Practice

22999 N. Hwy 59
Kingwood, TX 77339
Phone: (281) 592-9775

25.8 miles Additional Languages: Spanish

Memorial Hermann Medical Group , Memorial Hermann Urgent Care - Clear Lake
Urgent Care

19419 Gulf Frwy., Ste. 3, Dept. 100
Webster, TX 77598
Phone: (281) 316-0885

25.9 miles

CareNow - Houston , CareNow
Urgent Care

300 Northpark Dr.
Kingwood, TX 77339
Phone: (281) 310-8445
Fax: (281) 312-4641

26 miles

Anand Basi MD, Prime Medic Urgent Care
Internal Medicine

19701 Kingwood Dr., Bldg. 10
Kingwood, TX 77339
Phone: (281) 593-3053

26.1 miles Additional Languages: Spanish

Sreenivasulu Cherlo MD, Prime Medic Urgent Care
Internal Medicine

19701 Kingwood Dr., Bldg. 10
Kingwood, TX 77339
Phone: (281) 593-3053

26.1 miles Additional Languages: Spanish

Nova Medical Centers , Nova Medical Center - Humble
Occupational Medicine

8717 Humble Westfield , Bldg. H
Humble, TX 77338
Phone: (281) 548-2772
Fax: (281) 548-0211

26.3 miles

UT Family Medicine , UT Physicians
Family Medicine, PRIMARY CARE CLINIC

2620 E. Crosstimbers St., Ste. 100
Houston, TX 77093
Phone: (713) 486-8550
Fax: (713) 692-2500

27.2 miles

Duc Le MD, New Caney Family Care
Family Medicine

20851 FM 1485, Ste. I
New Caney, TX 77357
Phone: (281) 689-1600
Fax: (281) 689-1635

28.7 miles Additional Languages: Vietnamese

CareNow - Houston , CareNow
Urgent Care

3150 Gulf Frwy. S.
Dickinson, TX 77539
Phone: (832) 720-6345
Fax: (281) 534-0001

28.9 miles

William Lee MD, Lee Family Practice Associates, PA
Family Practice

4 Oaktree St.
Friendswood, TX 77546
Phone: (281) 482-5551
Fax: (281) 482-0995

28.9 miles

Memorial Hermann Medical Group , Memorial Hermann Medical Group - League City
Occupational Medicine

2555 Gulf Frwy. S., Ste. 700
League City, TX 77573
Phone: (832) 932-9810
Fax: (832) 932-9815

28.9 miles

Cuong Pham MD, Twin Oaks Urgent Care
Family Medicine

1111 S. Friendswood Dr., Ste. 105
Friendswood, TX 77546
Phone: (832) 569-4390
Fax: (832) 569-4144

28.9 miles Additional Languages: Spanish, Vietnamese

Concentra Medical Center , Concentra Medical Center
Occupational Medicine, PRIMARY CARE CLINIC, Urgent Care

2004 Leeland St.
Houston, TX 77003
Phone: (713) 223-0838
Fax: (713) 223-1310

29 miles

CareNow - Houston , CareNow
Urgent Care

1729 S. Friendswood Dr.
Friendswood, TX 77546
Phone: (281) 402-1930
Fax: (281) 648-1050

29.5 miles

CareNow - Houston , CareNow
Urgent Care

2707 Milam St.
Houston, TX 77006
Phone: (832) 632-7135
Fax: (346) 204-5531

29.9 miles

UCP Physicians of Central Texas , NextCare Urgent Care
Urgent Care

2705 E. Broadway, Ste. 101
Pearland, TX 77581
Phone: (281) 412-0508
Fax: (281) 741-9076

30 miles